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बिजनेस

अजब-गजब करियर टेक्नोलॉजी

City News English News

## Girls learn self defense tricks in training organized by Jakson Group

October 20, 2022 Lucknow Tribune



The organization of Jakson Group and Hope Foundation filled the confidence of the college girls.

**Lucknow:** Jakson Group in association with Let's Give Hope Foundation organized a self-defense training program at Brijwasi Laan Ashiana to empower girl students as part of Saksham program to commemorate International Girl Child Day. As the chief guest, Mayor Sanyukta Bhatia blessed the girl students, describing them as capable in every matter.

Around 300 girls from City Girls College and Krishnadevi Girls Degree College participated in this event, aimed at instilling a sense of fearlessness and increasing mental strength among girls. The team of Anuj, Harshit, Sumit, Intehai...

ताज़ा समाचार



English News Entertainment

## Cool Kat does double Dhamaal

October 20, 2022 Lucknow Tribune

Katrina Kaif aces double role avatar in Phone Bhoot's new dance number 'Kaali Teri Gutt!' 'Phone Bhoot' song Kaali Teri



Mayor Sanyukta Bhatia celebrated her birthday as 'Seva Sankalp Diwas' and gave a new message

October 20, 2022



Girls learn self defense tricks in training organized by

Jakson Group  
October 20, 2022

Naushad and Divyanshi from Cantt Taekwondo Academy demonstrate defense methods. The team of coordinators Sushil, Harshita, Vani, Bhu Mandvi and Imran explained the demonstration in detail and explained defense training is necessary.



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While giving training, the team also explained the tricks and nuances of the techniques of block, punching and kicking. The techniques learned to protect themselves in times of crisis builds confidence in the girl child and makes them feel safe. On this occasion, officers of Women Welfare Department Puneet Mishra,

Principals of both the colleges Amrita Saxena and Sarika Dubey, Dr. Pooja Kanodia, Ritu Jaiswal, Avinash Arora, Mallika Srivastava, Soraya Rebello of Jakson Group, Kumar Avishek founder of let's give hope foundation Ashish maurya were present as guest.



**नोट:** अगर आपको यह खबर पसंद आई तो इसे शेयर करना न भूलें, देश-विदेश से जुड़ी ताजा अपडेट पाने के लिए कृपया [The Lucknow Tribune](#) के [Facebook](#) पेज को Like व [Twitter](#) पर Follow करना न भूलें...

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**TIMING**  
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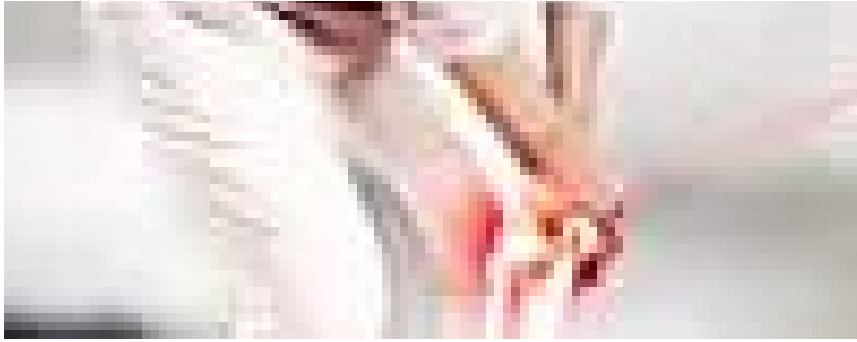
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**TIMING**  
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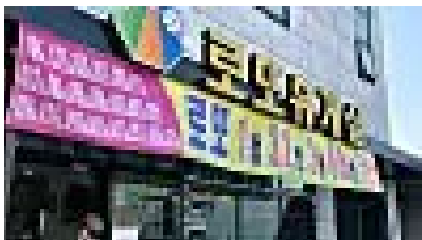
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